Pre flood (Gen 5)	Life span	Age at birth of first son
Adam	930	130
Seth	912	105
Enosh	905	90
Cainan	910	70
Mahalealel	895	65
Jared	962	162
Enoch	365	65
Methuselah	969	187
Lamech	777	182
Noah	950	500
Average	912	156
Post flood (Gen 11)	Life span	Age at birth of first son
Shem	600	100
Arphaxad	498	35
Salah	433	30
Eber	464	34
Peleg	239	30
Reu	239	32
Serug	230	30
Nahor	148	29
Terah	205	70
Average	340 (222)*	43

<u>Abraham</u> died at 175 (Gen 25:7). Was 86 when Ishmael was born (Gen. 16). Abraham was 99 years old when the covenant is made (Gen. 17:1). Was at least110+ when told to offer Isaac; three days journey, climbed a mountain, tied a ram, etc., (Gen. 22). Remarried at the age of +140 and had children (Gen 25:1).

Sarah died at 127 (Gen 23:1). Was 10 years younger than Abraham. Was about 90 when Isaac was born (Gen. 21). Was 65 when taken into Pharaoh's harem (Gen. 12). Was 89 when take into Abimelech's harem (Gen. 20).

Isaac died at 180 (Gen. 35:28). He was 40 when he married Rebekah (Gen 25:20) and was 60 when Esau and Jacob his first born were born (Gen. 25:26).

Jacob died at 147 (Gen 47:9; 49:33). Joseph died at 110 (Gen 50:26).

* The Average life span to the generation of Eli/David where it stabilized at 70 years would have been 222 years.